



## Pilates Classes January / February 2018

| Time   | Level                   | Location                                 |
|--|-------------------------|--|
| Tuesday 5:55-6:55pm                            | Intermediate            | Centre 4 (Wootton Road, DN33 1HE) Room 8 |
| Friday 9:30-10:30am                            | Intermediate / Advanced | Centre 4 (Wootton Road, DN33 1HE) Room 8 |
| Friday 10:40-11:40am<br>(dependent on numbers) | Intermediate / Advanced | Centre 4 (Wootton Road, DN33 1HE) Room 8 |

If you would like to enrol for any of these classes, please detach and return the booking form by **22<sup>nd</sup> December 2017**

**Cost:** £7.00 per session\*\*

*\*\*If you do not give 36 hours notice of non-attendance at a session you have booked, you will still be expected to pay the cost of that class.*

**Payment - Bank Transfer (Payment Date – 2<sup>nd</sup> January 2018):**

*Please contact me for details about paying by bank transfer*

**Payment - By Cheque:**

*Due to changes with my bank, I am no longer accepting cheques unless absolutely urgent. Sorry for any inconvenience this may cause.*

**Pay Weekly:**

*If you pay weekly, please book and pay for each session no later than 36 hours before the start time of that session. If you have not pre-booked / paid for a session, there may not be space on a given week as room-size will be determined by the booked numbers 36 hours prior to the class*

Thanks, Kelly

### Booking Form – January / February 2018 Classes

Name \_\_\_\_\_ Email \_\_\_\_\_ Phone No \_\_\_\_\_

Amount to be paid: \_\_\_\_\_ sessions x £7.00 = £ \_\_\_\_\_ Total

Payment made by:  Online banking  Cash (block)  Cash (weekly)

*I understand that I am liable for the cost of any session I have booked if I do not give a minimum of **36 hours notice** if I am not attending*

*Sign / print name confirm agreement \_\_\_\_\_*

**Please tick the sessions you wish to book:**

| Week Beginning:   | 1 Jan    | 8 Jan | 15 Jan | 22 Jan | 29 Jan | 5 Feb |
|---|----------|-------|--------|--------|--------|-------|
| Tuesday 5:55pm <i>Intermediate</i>                                    | No Class |       |        |        |        |       |
| Friday 9:30am <i>Intermediate/Advanced</i>                            |          |       |        |        |        |       |
| Friday 10:40am <i>Intermediate/Advanced</i><br>(dependent on numbers) |          |       |        |        |        |       |

\*New clients need to fill in a 'client assessment form', which can be found on the website, on the 'classes' page at <http://www.movewellpilates.co.uk/docs/ClientAssessmentForm.pdf>